

Daily Growth Checklist

DATE:

1 **NEW CONNECTIONS:** minimum 3/fast track 5

2 **TAKE A LOOK:** top down & text a few - minimum 3/fast track 5

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

3 **FOLLOW UP:** about Isagenix & life - minimum 3/fast track 5

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

4 **SOCIAL MEDIA POST/STORY:** daily lifestyle shares

ONCE A WEEK WELLNESS POWER POST/STORY
ONCE A WEEK OPPORTUNITY POWER POST/STORY

ideas & plan

5 **SHARE THE LOVE:** BIRTHDAY MESSAGES, ADD VALUE, RECONNECT, CALL A FRIEND

6 **PERSONAL DEVELOPMENT:** minimum 10 minutes/20 fast track
BOOK/PODCAST/TRAINING (SEE PDF RESOURCE)

7 **GRATITUDE:** WHAT ARE YOU GRATEFUL FOR AND WHY?

8 **AFFIRMATIONS/MANTRAS:** I allow myself to attract people who are..

9 **GOALS** weekly: monthly: quarterly:

10 **CUSTOMER SERVICE:** IsaLife app, Isabody, welcome to community, check in, shoutout, next month's goals/autoship

11 **RANK ADVANCING TEAM:** who are two people, zoom discovery/launch call, first post, text a few, oureztraining, welcome to team EZ, 3 way calls, growth checklist

12 **NETWORKING/EVENTS:** sip&sample, meet up, networking event (once a week), Isagenix events

notes

upcoming events: